

Rocky's
DOJO LLC OF VA. INC.

BOXING



- Offensive/ Defensive Techniques
- Full Cardio Work Out
- Bag & Focus Mitt Training
- Sparring (Competitive or for Conditioning)
- Increased Strength and Stamina

630.466.7414

46 Terry Drive (Rt47 & 56) Sugar Grove, IL 60554

OPEN 7 DAYS A WEEK

WWW.ROCKYSDOJO.COM

VIP PASS

1 FREE
Boxing
Class

Class Times

Tues @ 6:00—7:00pm
Th @ 6:00—7:00pm